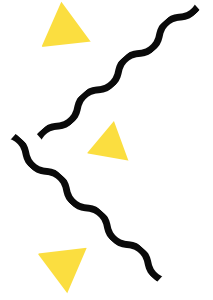


GAAYIP-YAGILA PRIMARY SCHOOL NEWSLETTER



THE LATEST EVENTS AND ANNOUNCEMENTS FOR
OUR SCHOOL COMMUNITY

LETTER FROM THE PRINCIPAL

Dear Families,

Welcome to Term 2 Week 4. Welcome to Term 2, Week 4. I hope all our mothers and female carers had a wonderful Mother's Day and enjoyed some special time with your loved ones. We hope you enjoyed your gifts from the Mother's Day stall. It's always lovely to see our students excited to celebrate the important women in their lives — thank you for all that you do.

This year, Education Week runs from Monday 19 May to Friday 23 May, and the theme is 'Celebration of Cultures.' This is a fantastic opportunity to highlight the rich diversity within our school community and to reinforce the importance of every child feeling safe, included, and celebrated.

At Gaayip-Yagila Primary School, we will be marking Education Week with a range of engaging activities:

- **Maths Mania** Evening on **Monday 19th May, 5.00–6.00pm** — a fun-filled night of hands-on maths games and challenges for the whole family,
- **Lunchtime library sessions** with special **bilingual storybook readings**, celebrating languages spoken in our community,
- Our **Year 2 students** will also participate in a **Yarra Valley Water incursion**, learning about sustainability and water conservation in our local context.
- Daily **Literacy** and **Numeracy** tasks developed to increase engagement

You can find out more about Education Week 2025 by visiting [Education Week | vic.gov.au](https://www.education.vic.gov.au/education-week/)

Coming Together To Learn

LETTER FROM THE PRINCIPAL Cont...

We would also like to inform families about the upcoming Attitudes to School Survey (AtoSS). This is a valuable tool used by the Department of Education to gain insight into how students feel about their learning environment, wellbeing, and relationships at school.

Students in Years 4, 5 and 6 will be invited to complete the survey between 12th May and 13th June during class time, using a secure online platform. Parents and carers of participating students will receive more information via Xuno.

On Friday 16th May, we will celebrate Education Support Staff Appreciation Day. This is a special opportunity to recognise and thank our incredible ES team, who support our students and teachers every day in so many vital ways. Their care, dedication, and hard work make a big difference, and we're excited to acknowledge all they do for our school community.

A reminder that **Thursday 22nd May is a Student-Free Day**. On this day, our teaching staff will be engaging in a Professional Practice Day, which allows them valuable time to collaborate, plan, reflect, and engage in professional learning to improve student outcomes. TheirCare will be operating for students who require supervision.

We look forward to another positive and productive fortnight ahead.

Kind Regards

Cassy Hoggins

Coming Together To Learn

ASSEMBLY DATES 2025

We extend a warm invitation to join us at our upcoming school assembly! As we gather together, we'll celebrate our students' achievements, share important updates, and foster a sense of community. Your presence enriches our school culture, and we look forward to seeing you there.

Please note that we hold three assemblies each term: two throughout and a final one which reviews our successes for the term. Below are the dates and times of our assemblies for the year.

Term 2

Monday 16th June - 2:30pm

Friday 4th July - End of term 1:30pm

Term 3

Monday 11th August - 2:30pm

Monday 8th September - 2:30pm

Friday 19th September - End of term 1:30pm

Term 4

Monday 27th October - 2:30pm

Monday 24th November - 2:30pm

Friday 19th December - End of Year 2:30pm



Coming Together To Learn

CALENDAR OF EVENTS

TERM 2

Date	Event
Wednesday 14 th May	School Tours 9:30am & 4pm
Monday 19 th May	Maths Mania 5pm - 6pm
Monday 19 th - Friday 23 rd May	Education Week
Thursday 22 nd May	STUDENT FREE DAY
Monday 26 th May	School Tours 9:30am & 4pm
Monday 19 th - Tuesday 20 th May	Year 2 Yarra Valley Water Incursion
Monday 26 th - Friday 30 th May	Year 4 Swimming Program
Monday 2 nd - Friday 6 th June	Year 3 Swimming Program
Friday 13 th June	School Tours 9:30am & 4pm
Monday 16 th June	School Assembly 2:30pm
Friday 4 th July	School Assembly 1:30pm
Friday 4 th July	LAST DAY OF TERM

Coming Together To Learn

EXCELLENCE AWARDS

	Student (class)	For...
Foundation	Guntej Hundal (FC)	Guntej is a confident and capable learner who consistently demonstrates strong skills in phonics and mathematics. He approaches all areas of learning with enthusiasm and focus.
Year 1	Christian Lui (1B)	For STRIVING FOR EXCELLENCE by consistently showing a positive attitude towards learning and confidently embracing challenges.
Year 2	Kaede Sasaki (2F)	For demonstrating EXCELLENCE by staying focused on learning tasks and working hard to improve her learning.
Year 3	Malaak Zeaiter (3F)	For STRIVING FOR EXCELLENCE and showing fantastic improvement in Reading
Year 4	Nikolas Dimitriu (4F)	For showing amazing improvement in his handwriting and working hard to achieve his pen license.
Year 5	Laphie Schwalger (5C)	For EXCELLENCE in Mathematics by completing his learning tasks to a high standard.
Year 6	Lennox Pati (6B)	He consistently STRIVES FOR EXCELLENCE by completing his work to a high standard and always putting in his best effort.



Coming Together To Learn

WELLBEING AWARDS

	Student	For...
Foundation	Aditi Regmi (FB)	For showing RESPECT in the classroom by always trying her best with learning tasks and assisting others with their learning.
Year 1	Ranjodh Singh (1G)	For demonstrating KINDNESS by being friendly and helping others in the classroom.
Year 2	Milap Kaur (2E)	For demonstrating KINDNESS to others in class by sharing and helping her peers.
Year 3	Charlotte Crisp (3E)	For always being willing to show KINDNESS and help others.
Year 4	Samreen Gill (4B).	For being a helpful student, always a good friend and a great role model.
Year 5	Amrose Hundal (5D)	For showing EXCELLENCE by stepping up to help without being asked and actively contributing to group and class discussions.
Year 6	Jasnoor Kaur (6A)	For displaying the school value of RESPECT towards her classmates and teachers by consistently listening attentively and using polite language.





We hope all the mums and special people had a beautiful day celebrating Mother's Day last Sunday. We hope you all enjoyed receiving your gifts that our students picked out so carefully for you all. Thank you to our wonderful parent and family volunteers who helped make our Mother's Day Stall a great success; Sanita, Rabeel, Sally, Kaumoana, Carena, May, Harleen, Mandeep, Samantha and Tori.



Coming Together To Learn

CURRICULUM UPDATE

Education Week

At Gaaypi-Yagila Primary School, we are proud to join schools across Victoria in celebrating **Education Week 2025**, taking place from **Monday 19 May to Friday 23 May**. Education Week is a time to celebrate the vital role of public education and all the rich learning experiences that take place in our classrooms every day.

This year's theme, **Celebration of Cultures**, highlights a celebration of diversity in our school communities. It reminds us that every child deserves to feel **safe, welcomed, and valued** — and that our differences make us stronger.

We're excited to kick off the week with a special whole-school event — our **Maths Mania Night** on **Monday 19 May**. This evening invites students and their families to come along and take part in a range of fun and engaging maths activities. The night will showcase how maths is used across our curriculum and how important it is in everyday life, while also supporting student engagement through hands-on learning and family involvement.

Throughout the week, students will also be participating in the **50 Words Project** — an initiative that encourages students and families to learn **50 words in the local Indigenous language** of the land they live on. Using an interactive map, students will explore new vocabulary and deepen their understanding of the Traditional Owners' culture, language, and connection to Country.

Another highlight of the week will be taking place in the school library. **Each day, bilingual staff will be reading multicultural texts aloud in different languages**, giving students the opportunity to enjoy familiar stories in new ways. This experience allows students to celebrate linguistic diversity, hear the beauty of different languages, and connect with stories from around the world.

Education Week 2025 is about coming together as a school community to honour who we are, where we come from, and how we learn together. We warmly invite all families to join us in this joyful celebration of learning, culture, and belonging.

Katina Lamers

Coming Together To Learn



Celebration of cultures

Education Week
19–23 May 2025

The
Education
State

vic.gov.au/education-week



Department
of Education

Celebrating World Day for Cultural Diversity

21st May 2025

At Gaayip-Yagila Primary School, we are proud to celebrate World Day for Cultural Diversity for Dialogue and Development, held each year on 21 May. This important day is a reminder of the richness that cultural diversity brings to our school, our community, and the world. It encourages us to deepen our understanding of different traditions, languages, and perspectives while recognising the shared values that unite us.

Our school community is made up of families from a wide range of cultural backgrounds, and we see this diversity as a strength. In 2025, we continue to foster an inclusive environment where every student feels seen, heard, and respected for who they are. Through classroom discussions, storytelling, cultural activities, and shared experiences, students learn to appreciate the value of empathy, respect, and global citizenship.

We encourage families to talk with their children about their own cultural heritage and share stories, languages, or traditions that are meaningful to them. By embracing cultural diversity, we create a stronger, more connected community where everyone belongs.

Together, let's celebrate the many cultures that make up Gaayip-Yagila and continue to build a school culture of respect, inclusion, and pride.

nepal fiji samoa
southafrica iraq southkorea
canada egypt turkey
philippines india newzealand
nigeria thailand
pakistan india
saudiarabia vietnam australia

Coming Together To Learn

School Saving Bonus reminder and allocation to school activities

The Victorian Government is delivering the School Saving Bonus (SSB) – a one-off support of \$400 for eligible government school students from Prep to Year 12 in 2025.

The SSB can be used for uniforms and textbooks until Monday 30 June 2025. Any funds remaining after 30 June 2025, including online voucher amounts that have not been redeemed, will become a credit to use on school activities. However, the credit will not be available on your family account at our school until late July.

To use any remaining SSB funds to cover the cost of school activities in July, please refer to the [SSB online system](#) and allocate the funds to school activities before 30 June 2025.

To learn more about the SSB online system, download the step-by-step [System guide for parents and carers \(DOCX, 945KB\)](#) or watch this [School Saving Bonus video](#). [System guide translations](#) are also available in 14 languages.

The Department of Education's SSB contact centre will remain available until 30 June 2025. The contact centre can be reached by:

- completing the [School Saving Bonus enquiry form](#)
- calling 1800 338 663, between 8:30 am and 4:30 pm on weekdays.

After this date, please contact our administration team for any SSB related questions.

Coming Together To Learn

Reminder: Safe Driving and Parking Around School

The safety of our students, families, and staff is our top priority. We kindly remind all members of our school community to follow road rules and park safely and legally around the school grounds. Please avoid parking across driveways, near school crossings, or in no-stopping zones, as this can create dangerous situations—particularly for children walking, riding, or being pushed in prams.

We also ask all drivers to slow down, stay alert, and be patient during drop-off and pick-up times. A few extra minutes can make a big difference in keeping our community safe.

Thank you for helping us create a safe and respectful environment for everyone.

Reminder: Riding to School

A reminder to all parents that students riding bikes or scooters to and from school must wear a helmet at all times. Wearing a helmet is not only essential for your safety, but it is also a legal requirement in Victoria.

Additionally, riders must be at least 16 years of age to use an eScooter. Students who arrive at school without a helmet or who are using an eScooter will not be permitted to ride home at the end of the day, and a parent or carer will be contacted to collect the bike, scooter, or eScooter. We appreciate your support in keeping everyone safe and ensuring these important rules are followed.

Coming Together To Learn

E-scooter Road Rules

Tougher penalties as e-scooters are made permanent.

e-scooter riders cannot

- Ride on the footpath
- Use a mobile phone while riding
- Ride while under the influence of drugs or alcohol
- Carry passengers or animals or ride in tandem
- Ride a high-speed e-scooter, one capable of more than 25 km/h
- Ride on roads that have a speed limit over 60 km/h

e-scooter riders must

- Be aged 16 years and over
- Not exceed the maximum speed of 20 km/h
- Ride only on shared paths and roads that have a speed limit up to 60 km/h
- Wear a helmet at all times
- Follow traffic rules
- Use lights and reflectors



Scan the QR code to learn more

For more information (including community language translations) transport.vic.gov.au/Road-rules-and-safety/E-scooter-road-rules





ENROLMENTS OPEN 2026

SCHOOL TOURS

☀️ **Tuesday 18th March**
9.30am and 4.30pm

☀️ **Thursday 1st May**
9.30am and 4.00pm

☀️ **Monday 26th May**
9.30am and 4.00pm

☀️ **Wednesday 2nd April**
9.30am and 4.30pm

☀️ **Wednesday 14th May**
9.30am and 4.30pm

☀️ **Friday 13th June**
9.30am and 4.00pm

ENROLMENT FORMS DUE BY 25TH OF JULY

BOOK A TOUR NOW

Scan the QR code below or visit
signup.com/go/uiGvzvN



CONTACT US

(03) 9216 3200
gyms.vic.edu.au
gaayip.yagila.ps@education.vic.gov.au

INFO EVENING

WEDNESDAY, 11th JUNE
Visit
signup.com/go/MAEWfxg



GAAYIP-YAGILA PRIMARY SCHOOL

INFORMATION AND ENROLMENT EVENING

FOUNDATION 2026 NOW OPEN



**Gaayip-Yagila Primary School's commitment
to excellence will empower students to
become connected, engaged and
collaborative learners.**

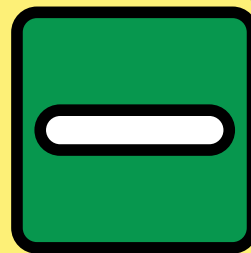
WEDNESDAY, 11th JUNE
Visit
signup.com/go/MAEWfxg

GAAYIP-YAGILA PRIMARY SCHOOL
WEDNESDAY 11TH JUNE
6.00PM

You're invited to...



GYPS Maths Mania Games Night



Monday 19th of May

5:00pm – 6:00pm

Come prepared to explore the fascinating world of numbers, discover new math tricks, and engage in hands-on activities that will make math come alive!

Guess the number of lollies in the lolly jar at each gate!

VISUAL ARTS NEWSLETTER

We've kicked off Term 2 in Visual Arts with launching our mask unit, in preparation for our biennial GYPS Art Show which will be in Term 4. Year 1-6 students started the term by learning about Carnaval and the history of masks from different cultures, and making their own Carnaval masks. All students have been learning about Torres Strait Islander artist and mask-maker, Alick Tipoti and how he uses his art practice to share his culture and history with an audience.

Foundation students have been looking at African masks as well as Alick Tipoti as inspiration for their mask making. Students are making masks inspired by emotions and the Zones of Regulations, starting by using paint to create patterns for the bases of their masks.

Year 1/2 students have been learning about the mask making practices of Alick Tipoti and Karolina Romanowska, and how each artist uses pattern and decoration to communicate meaning and emotion. Students have started planning their own masks inspired by their own identities, and this week have begun to paint their own masks.

Year 3/4 students have been focusing on making animal masks inspired by their own identities and the work of Alick Tipoti and Liz Sexton. They've been busy planning their own masks and this week begun constructing their masks so they're ready for papier-mâché in a couple of weeks.

Year 5/6 students have been learning about how masks can be used to explore and communicate a person's culture and identity through the work of Alick Tipoti and Brenden Fernandes. They've planned their own masks inspired by elements of their own identities and this week began using sculpture techniques to build the scaffolding of their mask which will be covered in papier-mâché in the coming weeks.

We're really excited about the work our students are completing, and can't wait to share their masterpieces with the community in Term 4.

The Visual Arts Team,
Marni Harris and Barbara Zerzouri



Coming Together To Learn

SCIENCE NEWSLETTER

Our Foundation Students Explore the World of Materials!

Our Foundation students are learning all about **materials**—what things are made of and how we can describe them using our senses and simple words. We are discovering that objects around us can be made from **one or more materials**, such as wood, plastic, fabric, metal, or glass. Each material has special **observable properties** that help us describe and sort them. For example, something might be: **Soft or hard, Rigid or flexible, Smooth or rough, Transparent (see-through) or opaque** (not see-through). Through fun, hands-on activities, students will explore and compare materials by touching and looking. They'll also begin using words to describe how things feel and look—an important step in developing their observation and language skills.



Exploring Mixtures in Grade 1: A Hands-On Science Adventure!

In science, our Grade 1 students are diving into an exciting new topic: Chemical science we will be exploring **mixtures**! We'll be learning how different materials can be combined in fun and interesting ways. Using simple, safe materials, your child will explore three types of mixtures: **Dry and Dry** (like cocoa and rice puffs), **Wet and Wet** (like water and oil), **Wet and Dry** (like sand and water). Our young scientists will make careful **observations** about what happens when we mix these items. Do they stay the same? Do they change colour or texture? This hands-on learning helps build important skills like curiosity, communication, and critical thinking—all while having fun! If your child comes home excited about mixing things, ask them what they noticed and encourage their discoveries.



Coming Together To Learn

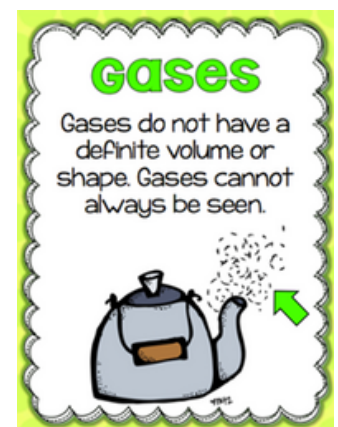
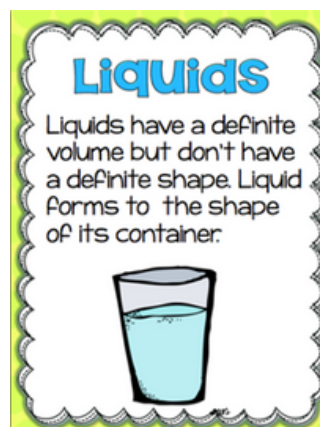
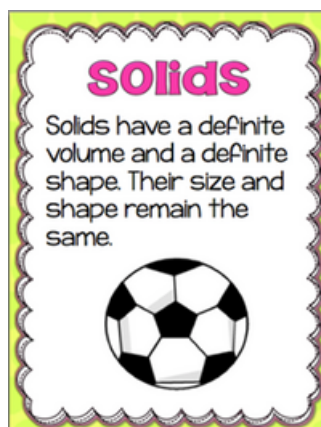
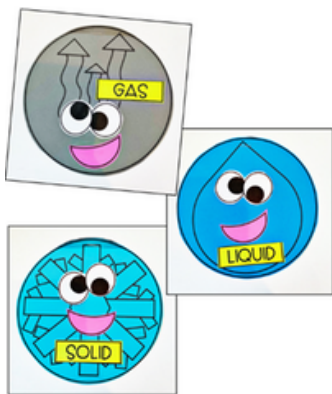
Grade 2 Scientists Explore Physical Changes!

Our Grade 2 students are learning all about **physical changes** in science! We're discovering how materials can be changed in different ways—**without changing what they are made of**. These are called physical changes, and they're all around us! Students will experiment with everyday objects and learn how materials can be changed by: **Bending, Twisting, Stretching, Crushing, Squashing, Breaking into smaller pieces**. Through hands-on activities and observation, children will explore how these actions can change the shape, size, or form of a material, while the material itself stays the same. For example, a piece of paper that's torn is still paper! This is a fun and interactive unit that encourages students to think like scientists, ask questions, and describe what they notice.



Grade 3 Scientists Explore Solids, Liquids, and Gases!

Through our exploration of chemical science in Grade 3 students are exploring the fascinating world of **solids, liquids, and gases**—the three main states of matter! Students are learning that all materials are made up of matter, and matter can exist in different forms. We're focusing on how each state has **observable properties** that help us identify and describe them: **Solids** have a definite shape and don't change unless we do something to them. **Liquids** flow and take the shape of their container. **Gases** are all around us, even if we can't always see them—they fill the space they're in. Through hands-on experiments and guided observations, students will investigate how these states of matter behave and how we can tell them apart based on what we see, feel, or even smell.



Coming Together To Learn

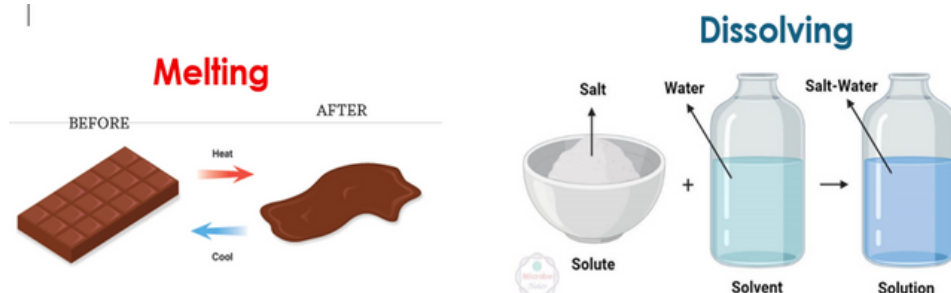
Grade 4 Students Investigate Materials and Their Properties!

In science this term, our Grade 4 students are learning all about **materials**—where they come from, what they're made of, and how their **properties** affect how we use them in everyday life. We're exploring both **natural materials** (like cotton, wool, and wood) and **processed or made materials** (like plastic, glass, and metal). Students are discovering that every material has its own unique **properties**—such as strength, flexibility, texture, or durability—that make it suitable for different uses. For example: **Natural fibres** like wool are warm and soft—perfect for clothing, **Metals** are strong and shiny—great for tools or building materials, **Plastics** are lightweight and waterproof—ideal for containers and toys, **Glass** is clear and hard—used for windows and bottles. Our learning through hands-on activities and investigations, students will learn to compare materials, sort them as natural or processed, and explain why certain materials are chosen for specific purposes.



Grade 5 Students Explore Reversible and Irreversible Changes!

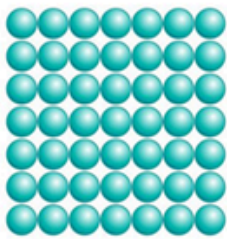
During Chemical Science in term 2 our Grade 5 students are learning about **reversible and irreversible changes**—how different substances can change in ways that are either temporary or permanent. We're exploring how some changes are **reversible**, meaning the substance can go back to its original form. For example: **Melting and freezing** water, **Evaporating and condensing** liquids, **Dissolving sugar or salt in water** (and then recovering it through evaporation). Other changes are **irreversible**, which means a **new substance is formed** and the change can't be undone. Examples include: **Cooking** an egg or baking a cake, **Rusting** of iron, **Burning** wood. Our collaborative experiments and investigations will have students observe these changes in action and learn to identify the clues that tell us whether a change is reversible or not—like the formation of gas, a change in colour, or the creation of a new smell.



Coming Together To Learn

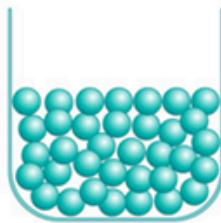
Grade 6 Students Dive Deeper into Solids, Liquids, and Gases!

This term, our Grade 6 students are taking their understanding of **solids, liquids, and gases** to the next level by learning about the **particle theory of matter**—a scientific way of explaining how all substances are made up of tiny particles that are always moving. Students are discovering that the **observable properties** of materials (like their shape, flow, or ability to be compressed) can be explained by how their **particles are arranged and how they move**: In **solids**, particles are packed tightly together and only vibrate in place—this is why solids keep their shape. In **liquids**, particles are close but can move past one another—this lets liquids flow and take the shape of their container. In **gases**, particles are far apart and move quickly in all directions—gases fill all the space available to them. Through experiments, diagrams, and models, students are learning to describe what's happening when things are compressed and can things be dissolved or separated. This helps explain everyday phenomena like why ice melts, how steam forms, or why air fills a balloon.



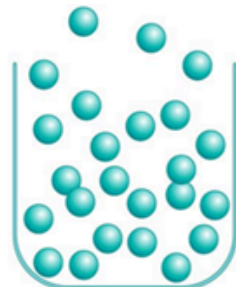
Solid

The molecules that make up a solid are arranged in regular, repeating patterns. They are held firmly in place but can vibrate within a limited area.



Liquid

The molecules that make up a liquid flow easily around one another. They are kept from flying apart by attractive forces between them. Liquids assume the shape of their containers.



Gas

The molecules that make up a gas fly in all directions at great speeds. They are so far apart that the attractive forces between them are insignificant.



Today, in groups, we will demonstrate how the arrangement of particles affect the properties of solids, liquids, and gases.



Today, in groups, we will be looking closely at liquids. How do we know what is in the containers are liquids?

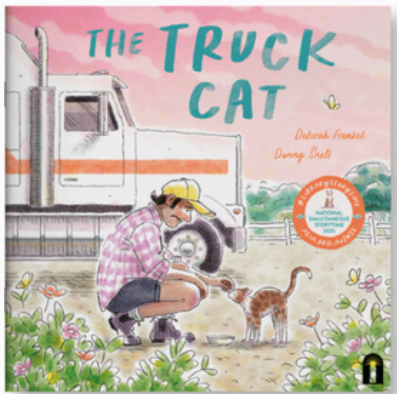
Coming Together To Learn

Library news

Welcome to the May edition of library news. We have some new furniture and shelves put into our library space, which is very exciting! New books will be put out on the shelves as I buzz through them in the coming weeks.

On Friday, 23rd May, we will be celebrating the National Simultaneous Storytime, reading the book called *The Truck Cat* written by Deborah Frenkel. The National Simultaneous Storytime is held annually by the Australian Library and Information Association. Every year a picture book, written and illustrated by an Australian author and illustrator, is read simultaneously in libraries, schools, pre-schools, childcare centres, family homes, bookshops and many other places around the country.

Exiting students



A friendly reminder to parents exiting their child from GYPS, to please ensure all library books are returned to the school **BEFORE** they exit the school. All books can be returned at the library or administration desk. Follow up communication to parents will be sent regarding any books that are not returned.

That's all from the library. Until next time, keep reading and learning!

Kind regards,

Sok (Ms D)

Library Technician

Select Entry Accelerated Learning (SEAL)

SEAL provides personalised teaching and learning through a program, across Years 7-9, that meets the needs of gifted and talented learners. The program provides stimulating learning experiences that challenge, extend and develop the gifts and talents of students by offering acceleration and enrichment. The SEAL program at Pascoe Vale Girls College offers a faster paced curriculum with the opportunity to study concepts in greater depth. There is an emphasis on higher order thinking and learning skills. SEAL students are expected be part of the school's instrumental music program including the orchestra in Years 7&8. In Year 10, SEAL students have the opportunity to accelerate their studies further by completing two VCE subjects earlier than their peers, which allows them to maximise their ATAR for tertiary entry.



How to apply?

- Visit the school website www.pvgc.vic.edu.au, click on the Learning tab and then on SEAL. Students who wish to be considered for this program are required to sit an entrance test administered by Edutest (a fee applies). Registrations can be made through the link on the website.
- 2026 applications close on Monday 18th August and testing will be conducted at PVGC on Saturday 23rd August, 2025. Information about the location, time and conditions of the test will be emailed closer to the date.



For more information about the SEAL program at PVGC please contact
Dani Bedohazy, Assistant Principal, on 9306 2544 or bed@pvgc.vic.edu.au



Meal deals

Toastie meal deal

Pasta meal deals

Hot dog meal deal

Nuggets and chips meal deal

Wednesday special – Chicken Burgers

Thursday special – Pizza



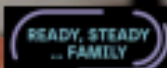
Price		Price	
Hot Food			
\$4	3 pack chicken nuggets	\$6	6 pack chicken nuggets
\$5	Penne <u>napoli</u>		Chicken noodles
\$7.50	Penne <u>bolognese</u>	\$4	3 pack steamed dim sim
	Hot dog - halal available		4 pack cocktail franks
	Large meat pie or sausage roll		6 pack vegetarian cocktail spring <u>roll</u>
\$5	2 pack of sweet chilli tenders or Vegetarian samosas		
	3 pack party pies/sausage rolls	\$0.40	Tomato, sweet chilli or soy sauce
Salads and sandwiches			
From \$3	Sandwiches and croissant– Variety of fillings.	From \$5	Variety of salads
	Toasted panini		
Snacks			
\$1.20	Seasonal fruit piece	\$2	Homemade large choc chip cookie
\$1.50	Diced fruit in juice	\$3	Jelly with a chocolate frog
\$2.50	LCM rice bubble bar, Oreo minis	\$1.50	Popcorn
	Red rock deli chips, noodle snacks	From	Homemade baked goods (muffins large and small, brownies etc)
	Pringles minis - Sour cream and onion	\$1	
\$2	Hot jam donuts	\$2.50	Crackers with carrot sticks
Beverages and Frozen items			
\$3.00	200ml juice and milk box varieties	\$1.50	Frozen orange wedges (seasonal)
\$2	600ml bottled water	\$4	Hot Chocolate/ Milkshake (seasonal)
\$1	<u>Zooper dooper</u>	\$3	Choc coated ice cream
\$2.50	99% fruit juice slushie, lemonade icy pole	\$2	<u>Smooze</u>

View item descriptions, options and place orders using the flexischools app. Dietary requirements, allergy friendly, vegetarian and halal options available.

Skip the canteen line by adding frozen items or hot chocolate/milkshakes to the lunch order. Your student will then bring their lunch order bag back to the express collection line for faster service.



dadfit



DADFIT

FREE FIVE-WEEK PROGRAM

Starts Wednesday, May 14
Mt Ridley College, Craigieburn



What's Dadfit all about?

Being a dad is awesome, but it's also hard work.

Dadfit is a FREE program to help you be the best dad you can be:

- Get active
- Connect with other dads
- Share experiences
- Led by a former BBL cricketer



What to expect in the program?



Dad workouts

Fun, full-body, suitable for all fitness levels



Dad chats

Catch up about issues facing dads, including parenting, relationships, health and wellbeing



Dad challenges

Dads supporting dads to try out new ideas

What's included?

The free program includes 5 x two-hour Dadfit sessions.

Each session includes a Workout (45 min), Dad Chat (60 min) and a Dad Challenge.

Timing: Meet weekly on Wednesday 7-9pm for 5 weeks, starting May 14

Location: Mt Ridley College, 2-30 Hampton St, Craigieburn

Open to all dads in the area!



Sign up now to book your place!



www.dadfit.au/craigieburn

Who delivers the program?



Ryan Carters

Dadfit Founder, dad of three, fitness trainer, former pro cricketer



Glory Sekhon

Drummond Street peer worker, dad of one, originally from India

"A highlight of my year."
— Jonathan, dad of three

"Adding small steps each week to being a better dad"
— Uddika, dad of one

"I've only known these dads for two weeks and it already feels like we're old friends."
— Ajay, dad of two

"My partner is happier since starting Dadfit, which is great for all of us."
— Aron, mother of three

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Monday, Tuesday and Wednesday
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Groups for children aged 0-13



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MESSY ART GROUPS

OUTDOOR ADVENTURES

GIRLS GROUPS

PAPER CRAFT GROUPS

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**FOR MORE INFO GO TO
LITTLE LALA LAND ON FB AND INSTAGRAM
OR CONTACT RACHELLE ON 0414 565 044**



SOFTBALL

School Holiday Program



Locations:

Dandenong Softball Association

Geelong Softball Association

Glen Eira Moorabbin Softball Association

Hume City Softball Association

Melbourne Softball Association

Northern District Softball Association

Sunshine Softball Association

TERM 2 HOLIDAYS

Time: 9am – 1pm

**Scan the QR Code for more info and
to register**



www.softballvic.org.au/events

Cost: \$75.00pp for non members, \$50.00pp for members

Price Includes a glove and ball (or a \$25 Ausport Voucher)

